

## CLAIMS

1. A holder for beverage containers, comprising a pot-shaped container receptacle for receiving a beverage container; a holding ring; a guideway arranged on said container receptacle and formed so as to guide said holding ring for movement up and down between a lowered position and a raised position.

2. A holder as defined in claim 1; and further comprising a spring element which raises said holding ring; and a releasable locking mechanism which in a locked state holds said holding ring in said lowered position against a force of said spring element.

3. A holder as defined in claim 2, wherein said spring element is formed as a compression spring.

4. A holder as defined in claim 3, wherein said compression *spring of said spring element is arranged between walls.*

5. A holder as defined in claim 1, wherein said holding ring has a helical groove, said container receptacle having a projection which *engages in said helical groove of said holding ring.*

6. A holder as defined in claim 1; and further comprising a *cover arranged to be pivoted open; and a control track arrangement which connects said holding ring and has a control projection arranged on said cover and a curved control track arranged on said holding ring.*